

# Rapid Exchange of Metal between Zn<sub>7</sub>–Metallothionein-3 and Amyloid- $\beta$ Peptide Promotes Amyloid-Related Structural Changes

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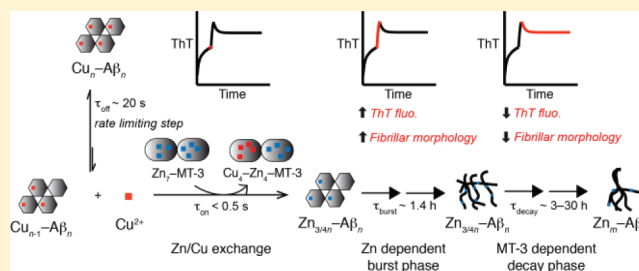
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## Supporting Information

**ABSTRACT:** Metal ions, especially Zn<sup>2+</sup> and Cu<sup>2+</sup>, are implemented in the neuropathogenesis of Alzheimer's disease (AD) by modulating the aggregation of amyloid- $\beta$  peptides (A $\beta$ ). Also, Cu<sup>2+</sup> may promote AD neurotoxicity through production of reactive oxygen species (ROS). Impaired metal ion homeostasis is most likely the underlying cause of aberrant metal–A $\beta$  interaction. Thus, focusing on the body's natural protective mechanisms is an attractive therapeutic strategy for AD. The metalloprotein metallothionein-3 (MT-3) prevents Cu–A $\beta$ -mediated cytotoxicity by a Zn–Cu exchange that terminates ROS production. Key questions about the metal exchange mechanisms remain unanswered, e.g., whether an A $\beta$ –metal–MT-3 complex is formed. We studied the exchange of metal between A $\beta$  and Zn<sub>7</sub>–MT-3 by a combination of spectroscopy (absorption, fluorescence, thioflavin T assay, and nuclear magnetic resonance) and transmission electron microscopy. We found that the metal exchange occurs via free Cu<sup>2+</sup> and that an A $\beta$ –metal–MT-3 complex is not formed. This means that the metal exchange does not require specific recognition between A $\beta$  and Zn<sub>7</sub>–MT-3. Also, we found that the metal exchange caused amyloid-related structural and morphological changes in the resulting Zn–A $\beta$  aggregates. A detailed model of the metal exchange mechanism is presented. This model could potentially be important in developing therapeutics with metal-protein attenuating properties in AD.



Alzheimer's disease (AD) is a progressive neurodegenerative disease and the most common cause of dementia. Extracellular deposition of cerebral amyloid plaques is a pathological hallmark of AD.<sup>1,2</sup> The plaques mainly consist of amyloid- $\beta$  peptide ending at residue 40 (A $\beta$ <sub>1–40</sub>) or 42 (A $\beta$ <sub>1–42</sub>). Evidence that metal ions, especially Zn<sup>2+</sup> and Cu<sup>2+</sup>, can modulate the aggregation pathways of A $\beta$  upon binding has accumulated.<sup>3–5</sup> For both Cu<sup>2+</sup> and Zn<sup>2+</sup>, this occurs immediately (within milliseconds to seconds) upon their binding to A $\beta$  in vitro.<sup>6,7</sup> This suggests that transient synaptic pulses of metal ions reaching micromolar concentrations in the synaptic cleft<sup>8–10</sup> are responsible for deposition of amyloid plaques in vivo.<sup>11</sup>

Interestingly, the roles of Cu<sup>2+</sup> and Zn<sup>2+</sup> in AD pathology appear to be distinct; Cu<sup>2+</sup>-induced A $\beta$  aggregation is associated with neurotoxicity,<sup>12,13</sup> whereas Zn<sup>2+</sup>-induced aggregation is reported to be neuroprotective or neurotoxic depending on the conditions.<sup>14–17</sup> The differences in neurotoxicity between the Cu<sup>2+</sup> and Zn<sup>2+</sup> complexes of A $\beta$

may be related to their difference in production of reactive oxygen species (ROS). While the redox cycling of Cu–A $\beta$  complexes can promote ROS production,<sup>18–21</sup> Zn<sup>2+</sup> is redox silent.<sup>14</sup> In addition, it has also been suggested that Cu<sup>2+</sup> promotes A $\beta$ -mediated neurotoxicity by inducing the formation of amyloid fibrils and protofibrils.<sup>13,22</sup> In contrast, Zn<sup>2+</sup> binding is associated with more amorphous aggregates<sup>6,16</sup> that appear to be less neurotoxic, although toxicity and aggregate structure of Zn–A $\beta$  depend strongly on the conditions used.<sup>23–26</sup> Also, Cu<sup>2+</sup> has been shown to induce amorphous A $\beta$  aggregates at higher molar Cu<sup>2+</sup>:A $\beta$  ratios.<sup>5,22,27</sup> Finally, recent evidence suggests a protective role for intracellular Cu in regulating A $\beta$  levels via interference with cell signaling pathways.<sup>28,29</sup>

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Regardless of the exact molecular mechanism of metal-mediated  $A\beta$  neurotoxicity, the aberrant metal- $A\beta$  interaction seems to be due to biometal dyshomeostasis in the AD brain.<sup>11,30</sup> Hence, focusing on the endogenous molecules that uphold the metal homeostasis in the body appears to be a feasible therapeutic strategy for preventing Cu- $A\beta$ -mediated neurotoxicity.<sup>31</sup> Specifically, the metalloprotein metallothionein-3 (MT-3) has attracted attention because it is down-regulated in the AD brain<sup>32</sup> and reduces  $A\beta$ -mediated cytotoxicity.<sup>33</sup> This infers a neuroprotective role of MT-3 in AD. In the brain, MT-3 is found both in the intra- and extracellular space where it is important in the metal homeostasis of especially  $Cu^+$  and  $Zn^{2+}$ .<sup>34</sup> MT-3 normally binds seven  $Zn^{2+}$  ions (termed  $Zn_7$ -MT-3) with high affinity ( $K_{d,app} = 0.16$  nM)<sup>35</sup> but can accommodate an additional eighth zinc ion with a lower affinity ( $K_{d,app} = 100$   $\mu$ M).<sup>36</sup> The seven zinc ions in  $Zn_7$ -MT-3 are bound in two metal-thiolate clusters found in two independent domains: the  $Zn_3$ -Cys<sub>9</sub> cluster in the N-terminal  $\beta$ -domain (residues 1–32) and the  $Zn_4$ -Cys<sub>11</sub> cluster in the C-terminal  $\alpha$ -domain (residues 33–68). It has been shown that exchange of metal ion between  $Zn_7$ -MT-3 and Cu- $A\beta$  (both soluble and aggregated) terminates Cu- $A\beta$ -mediated ROS production and significantly decreases cytotoxicity.<sup>37</sup> Recently, a decrease in Cu- $A\beta$ -mediated cytotoxicity was also reported for metallothionein-2 (MT-2).<sup>38</sup> The mode of action of metallothioneins is very particular because it includes both a metal exchange and a reduction of  $Cu^{2+}$  to  $Cu^+$ . This is in contrast to the mode of action of the widely studied metal-protein attenuating compounds (MPACs), which are supposed to bind  $Cu^{2+}$  without reduction and metal exchange. Three  $Zn^{2+}$  ions from the  $\beta$ -domain in  $Zn_7$ -MT-3 are exchanged with four  $Cu^{2+}$  ions from Cu- $A\beta$ . After binding to MT-3,  $Cu^{2+}$  is reduced by cysteine oxidation, forming redox inert  $Cu^+_4$ - $Zn_4$ -MT-3.<sup>39</sup> Although it has not been demonstrated, we can assume that binding of  $Cu^{2+}$  to cysteines of  $Zn_7$ -MT-3 will replace  $Zn^{2+}$ , which is then released.  $Cu^{2+}$  bound to thiolate will react to form  $Cu^+$  and a thiyl radical. Upon reaction of a second  $Cu^{2+}$  with thiol, the two thiyl radicals form a cysteine disulfide bond. However, key questions about the metal exchange mechanism remain unanswered. Of special interest is whether an  $A\beta$ -metal-MT-3 complex is formed during the metal exchange, because formation of ternary ligand-metal- $A\beta$  complexes has been hypothesized to play a role in the actions of the MPACs clioquinol and PBT2.<sup>41</sup> Also, it would be important to determine whether the metal exchange affects the amyloidogenic properties of the  $A\beta$  aggregates, because this could offer an alternative mechanism by which MT-3 could modulate Cu- $A\beta$ -mediated neurotoxicity.

In this study, we investigated the mechanism of exchange of metal ions between  $Zn_7$ -MT-3 and Cu- $A\beta_{1-40}$  by detailed kinetic spectroscopic methods and transmission electron microscopy. We show that metal ion exchange occurs via free  $Cu^{2+}$  on a time scale of seconds to minutes and that metal ion exchange induces time-dependent amyloidogenic structural and morphological changes in  $A\beta_{1-40}$  on a time scale of hours. The morphological changes were primarily due to the binding of  $Zn^{2+}$  to  $A\beta_{1-40}$  aggregates.

## MATERIALS AND METHODS

**Peptide Preparation and Solubilization.**  $A\beta_{1-16}$  and  $A\beta_{1-40}$  (>96% pure) were synthesized using standard Fmoc chemistry for solid phase peptide synthesis and purchased from

Caslo Laboratory. High-performance liquid chromatography indicated a single peak, and the molecular mass was confirmed by ESI-MS. Unless otherwise stated,  $A\beta$  stock solutions were prepared by dissolving the peptide in 20 mM HEPES buffer (pH 7.4) containing 100 mM sodium chloride. To minimize the presence of both undissolved  $A\beta$  and preformed aggregates,<sup>42</sup> the solution was sonicated for 5 min in an ice bath, centrifuged at 14000g for 25 min at 5 °C, and finally filtered (0.22  $\mu$ m filter). The  $A\beta$  concentration was determined using the tyrosine absorbance ( $\epsilon_{276} = 1410$  M<sup>-1</sup> cm<sup>-1</sup>). The peptide solutions were used immediately or stored at -20 °C in smaller aliquots for a maximum of 30 days. Prior to use, frozen  $A\beta$  was thawed at 5 °C and afterward kept on ice. Before use, the peptide solution was centrifuged at 14000g for 25 min at 5 °C immediately after being thawed to remove aggregates. The peptide concentration and pH of the final solution were checked. Differences in the experimental behavior between  $A\beta$  that was used immediately and  $A\beta$  that had been frozen were not observed.

Recombinant MT-3 was expressed in *Escherichia coli* and purified, as previously described.<sup>43</sup> We used two different types of  $Zn_7$ -MT-3 stock solutions: one to which 1 mM dithiothreitol (DTT) was added before stocking and one from which DTT was omitted. In the first type of stock solution, DTT was removed from the  $Zn_7$ -MT-3 sample by centrifugation of 2 mL of the sample against 20 mM HEPES buffer (pH 7.4) containing 100 mM sodium chloride using a centricon filter (2 kDa cutoff) at 4000g and 5 °C. This procedure was repeated several times by adding more  $Zn_7$ -MT-3 solution to increase the concentration of the  $Zn_7$ -MT-3 sample. At the end of this procedure, the concentrated  $Zn_7$ -MT-3 sample was centrifuged three times with 20 mM HEPES buffer containing 100 mM sodium chloride. The protein concentration, together with the metal and thiolate content, was determined by absorption spectroscopy in 0.1 M HCl ( $\epsilon_{220} = 53000$  M<sup>-1</sup> cm<sup>-1</sup>) as previously described<sup>39,43</sup> and used immediately or stored at -20 °C.

Peptide DAHK (Asp-Ala-His-Lys) was purchased from Bachem. Stock solutions were prepared in 20 mM HEPES buffer (pH 7.4) containing 100 mM sodium chloride and stored at -20 °C.  $Zn^{2+}$ -loaded DAHK (Zn-DAHK) was prepared prior to being used by addition of 0.8 molar equiv of  $Zn^{2+}$ .

The copper stock solution was prepared from  $CuCl_2$  in 20 mM HEPES buffer (pH 7.4) containing 100 mM sodium chloride. To prevent precipitation of  $Cu(OH)_2$ , 4 molar equiv of glycine was added to the stock solutions.<sup>18</sup>

**Aggregate Preparation and Isolation.**  $A\beta_{1-40}$  with and without  $Cu^{2+}$  was incubated at 37 °C while being shaken constantly (300 rpm). The samples were centrifuged at 22000g and room temperature, and the supernatant was removed. The pellet was resuspended in 20 mM HEPES buffer (pH 7.4) containing 100 mM sodium chloride or 20 mM phosphate with 10% D<sub>2</sub>O (pH 7.4) for the nuclear magnetic resonance (NMR) experiments.

**ThT Binding Assay.** The fibril growth kinetics of  $A\beta_{1-40}$  incubated with and without  $Cu^{2+}$  was monitored using the amyloid specific dye thioflavin T (ThT). ThT fluorescence was measured using a FLUOstar Optima plate reader system (BMG Labtech) with fluorescence excitation at 440 nm and emission detection at 490 nm. The  $A\beta$  concentration was 40  $\mu$ M and the ThT concentration 20  $\mu$ M in all experiments. The sample volume was 100  $\mu$ L, and the plate was incubated at 37 °C. The plate was shaken for 3 s prior to each measurement using a

3 mm orbital shake. Small aliquots of either Zn<sub>7</sub>-MT-3, DAHK, Zn-DAHK, or Zn<sup>2+</sup> were added at different time points. The added volume varied between 1.5 and 2.0  $\mu$ L depending on the stock concentration of the added species. Thus, the dilution effect was assumed to be negligible.

**Absorption Spectroscopy.** UV-vis absorption spectra were recorded at 37 °C on a diode array spectrometer (HP 8453 E, Agilent) in a 10 mm path-length quartz cuvette. Absorption spectroscopy at 300 nm was used to monitor the kinetics of binding of Cu<sup>2+</sup> to Zn<sub>7</sub>-MT-3. Cu<sup>2+</sup> was either free (glycine/buffer complexed) or initially bound to A $\beta$ <sub>1-16</sub> or A $\beta$ <sub>1-40</sub>. Mixing of species (e.g., CuCl<sub>2</sub> and Zn<sub>7</sub>-MT-3) was performed in situ by adding one of the species with a pipet to the cuvette containing the other species.

**Turbidity.** Turbidity was measured at 37 °C using a FLUOstar Optima plate reader system at 350 nm to follow the aggregation kinetics of A $\beta$ <sub>1-40</sub> (40  $\mu$ M). The measurement was performed simultaneously with the ThT binding assay using a custom-made script where fluorescence emission was measured followed by turbidity. Zn<sub>7</sub>-MT-3, DAHK, Zn-DAHK, and Zn<sup>2+</sup> were added at different time points (see ThT Binding Assay).

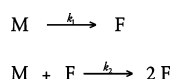
**Tyrosine Fluorescence Spectroscopy.** Fluorescence spectroscopy was used to monitor the kinetics of dissociation of Cu<sup>2+</sup> from Cu-A $\beta$ <sub>1-16</sub> and Cu-A $\beta$ <sub>1-40</sub> when they were mixed with Zn<sub>7</sub>-MT-3. Fluorescence excitation was at 276 nm and emission detection at 315 nm at 37 °C. The procedure for mixing of species (e.g., Cu-A $\beta$ <sub>1-16</sub> and Zn<sub>7</sub>-MT-3) was identical with the one described in Absorption Spectroscopy. Great care was taken to prevent formation of bubbles upon mixing that would otherwise result in light scattering.

**NMR Spectroscopy.** <sup>1</sup>H NMR spectra were recorded on a Bruker Avance 500 spectrometer equipped with a 5 mm triple-resonance inverse Z-gradient probe. Samples of A $\beta$ <sub>1-16</sub> (100  $\mu$ M), freshly prepared A $\beta$ <sub>1-40</sub> (100  $\mu$ M), and completely aggregated A $\beta$ <sub>1-40</sub> were analyzed with and without Zn<sub>7</sub>-MT-3 (100  $\mu$ M). All samples were prepared in 20 mM phosphate with 10% D<sub>2</sub>O (pH 7.4).

**Transmission Electron Microscopy.** Peptide samples were incubated at 37 °C prior to being applied to the grids. Peptide samples (10  $\mu$ L) were then applied to the grids, washed with Milli-Q water (10  $\mu$ L), and negatively stained with an aqueous solution of uranyl acetate [10  $\mu$ L, 1% (w/w)]. Samples were air-dried and examined with a JEOL 1011 transmission electron microscope operating at 100 kV.

**Data Analysis.** Data analysis and fitting were conducted using the nonlinear least-squares curve fitting program in GraphPad Prism 5.0 (GraphPad Software). UV-vis and tyrosine fluorescence kinetic data were fit to monoexponential or biexponential functions as indicated. ThT fluorescence and turbidity data for apo-A $\beta$ <sub>1-40</sub> aggregation were fit to a two-step autocatalytic growth model.<sup>44</sup> Here any monomer (M) is irreversibly converted to fibrillar form (F). The fibril can then react with another monomer M as depicted in Scheme 1. The

**Scheme 1. Reaction Mechanism for the Two-Step Autocatalytic Growth Model whereby Monomer M Is Converted to Fibril F<sup>a</sup>**



<sup>a</sup>The formed fibril retains its ability to catalyze further fibril formation.

concentration of formed fibrils at time *t*, [F]<sub>*t*</sub> is mathematically described by

$$[F]_t = [M]_0 - \frac{k_1 + k_2[M]_0}{k_2 + \frac{k_1}{[M]_0} \exp[(k_1 + k_2[M]_0)t]} \quad (1)$$

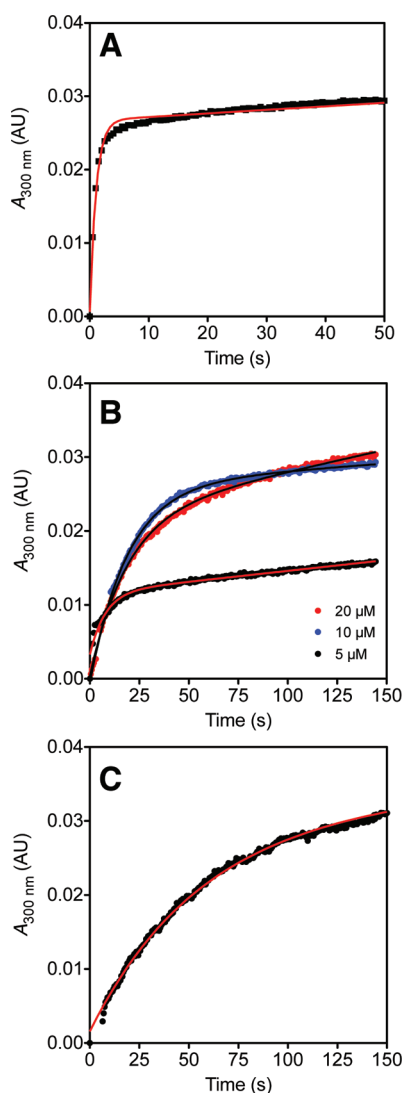
where [M]<sub>0</sub>, *k*<sub>1</sub>, and *k*<sub>2</sub> are the initial monomer concentration, the rate constant of nucleation, and the rate constant of fibril or aggregate growth, respectively. The two reaction steps in Scheme 1 are often composites of many underlying elementary steps. Thus, the rate constants in eq 1 are average rate constants of the underlying steps.<sup>44</sup> The model makes the assumption that the measured experimental signal (e.g., ThT fluorescence intensity) is directly proportional to the mass or concentration of formed fibrils. This was recently verified by comparing the kinetics of fibril formation with the kinetics of soluble peptide loss.<sup>5</sup> Other limitations and assumptions regarding the use of the model are detailed in refs 44 and 45. The burst and decay phases seen in the ThT fluorescence signal for Cu-A $\beta$  upon addition of Zn<sub>7</sub>-MT-3 were both fit by a single-exponential function.

## RESULTS AND DISCUSSION

**Exchange of Metal between Cu-A $\beta$  and Zn<sub>7</sub>-MT-3 Occurs via Free Cu<sup>2+</sup>.** An exchange of metal between Cu<sup>II</sup>-A $\beta$ <sub>1-40</sub> and Zn<sub>7</sub><sup>II</sup>-MT-3 leads to the formation of Zn-A $\beta$ <sub>1-40</sub> and Cu<sub>4</sub><sup>I</sup>-Zn<sub>4</sub><sup>II</sup>-MT-3.<sup>37</sup> However, it has not been reported if the metal exchange occurs via the formation of a ternary complex between Cu<sup>II</sup>-A $\beta$ <sub>1-40</sub> and Zn<sub>7</sub><sup>II</sup>-MT-3 or via free Cu. To address this question, we studied the kinetics and mechanisms of metal exchange by monitoring the transfer of Cu<sup>2+</sup> from both soluble and aggregated Cu-A $\beta$  to Zn<sub>7</sub>-MT-3. A $\beta$ <sub>1-16</sub> was used as a model for soluble A $\beta$ , because it contains the Cu-binding residues but does not aggregate under the conditions of the experiment. Initially, the rate of binding of Cu<sup>2+</sup> to Zn<sub>7</sub>-MT-3 was investigated by absorption spectroscopy. Binding of Cu<sup>2+</sup> to Zn<sub>7</sub>-MT-3 and subsequent reduction to Cu<sup>+</sup> result in a prominent shoulder at ~260 nm in the UV-vis absorption spectrum due to the CysS-Cu<sup>I</sup> ligand-to-metal charge transfer (LMCT) transition.<sup>46,47</sup> This was also observed in our study (Figure S1 of the Supporting Information). However, the presence of multiple absorbing species around 260 nm impeded specific detection of the binding of Cu to Zn<sub>7</sub>-MT-3 at this wavelength. Thus, the kinetics of binding of Cu<sup>2+</sup> to Zn<sub>7</sub>-MT-3 was studied by monitoring the change in absorbance at 300 nm over time. At this wavelength, the CysS-Cu<sup>I</sup> absorption bands are less disturbed by other absorbing species; hence, a more selective detection of the Cu-MT-3 complex is possible. A fast increase in absorbance was seen immediately upon mixing of Zn<sub>7</sub>-MT-3 with free Cu<sup>2+</sup> (Figure 1A). The absorbance reached an apparent plateau level after ~5 s, suggesting that the Cu-Zn-MT-3 complex is rapidly formed (Figure 1A). This is consistent with the previously reported binding of Cu<sup>2+</sup> to Zn<sub>7</sub>-MT-3.<sup>39</sup> The rate-limiting factor could be mixing of Zn<sub>7</sub>-MT-3 with Cu<sup>2+</sup>, because the rate of binding of Cu<sup>2+</sup> to Zn<sub>7</sub>-MT-3 is expected to approach diffusion-limited values.

Next, we followed the exchange of metal between soluble Cu-A $\beta$ <sub>1-16</sub> and Zn<sub>7</sub>-MT-3. As seen from Figure 1B, the apparent rate of binding of Cu<sup>2+</sup> to Zn<sub>7</sub>-MT-3 was slower when Cu<sup>2+</sup> was initially bound to A $\beta$ <sub>1-16</sub>. This could be explained by assuming that the dissociation of Cu<sup>2+</sup> from soluble A $\beta$  could be the rate-limiting step, i.e., that binding of Cu<sup>2+</sup> to Zn<sub>7</sub>-MT-3 proceeds via free Cu<sup>2+</sup>, and not via a





**Figure 1.** Kinetics of binding of  $\text{Cu}^{2+}$  to  $\text{Zn}_7\text{-MT-3}$ . (A) Increase in absorbance at 300 nm after addition of  $\text{CuCl}_2$  (20  $\mu\text{M}$ ) to  $\text{Zn}_7\text{-MT-3}$  (10  $\mu\text{M}$ ). (B) Increase in absorbance at 300 nm after addition of  $\text{Cu-A}\beta_{1-16}$  (20 and 40  $\mu\text{M}$ ) to  $\text{Zn}_7\text{-MT-3}$  (5, 10, and 20  $\mu\text{M}$ ). (C) Increase in absorbance at 300 nm after addition of  $\text{Cu-A}\beta_{1-40}$  aggregates (20 and 40  $\mu\text{M}$ ) to  $\text{Zn}_7\text{-MT-3}$  (10  $\mu\text{M}$ ). Solid lines are fits to a single-exponential function. Experiments were performed in 20 mM HEPES and 100 mM NaCl (pH 7.4) at 37  $^\circ\text{C}$ .

transient  $\text{A}\beta\text{-Cu-Zn}_7\text{-MT-3}$  complex. To test this hypothesis, we investigated the relationship between  $\text{Zn}_7\text{-MT-3}$  concentration and the rate of  $\text{Cu}^{2+}$  binding (Figure 1B). The rate of binding of  $\text{Cu}^{2+}$  to  $\text{Zn}_7\text{-MT-3}$  did not increase with an increase in  $\text{Zn}_7\text{-MT-3}$  concentration. This supports the finding that dissociation of  $\text{Cu}^{2+}$  from  $\text{A}\beta_{1-16}$  is the rate-limiting step in the metal exchange reaction. In addition, the apparent rate constant of  $0.08 \pm 0.02 \text{ s}^{-1}$  [total mean for all three concentration levels  $\pm$  the standard error of the mean (SEM)] for  $\text{Cu}^{2+}$  binding is similar to the determined  $k_{\text{off}}$  of  $0.10 \text{ s}^{-1}$  for the dissociation of  $\text{Cu}^{2+}$  from  $\text{A}\beta_{1-16}$  under identical experimental conditions (temperature, pH, and buffer).<sup>7</sup> This further supports the finding that dissociation of  $\text{Cu}^{2+}$  from  $\text{A}\beta_{1-16}$  is the rate-limiting step in the reaction of  $\text{Cu}^{2+}\text{-A}\beta_{1-16}$  with  $\text{Zn}_7\text{-MT-3}$ . Note that the final absorbance value increases with an increase in  $\text{Zn}_7\text{-MT-3}$  concentration (Figure 1B), although MT-3 is fully copper-loaded even at 5  $\mu\text{M}$ . The reason for this increase is

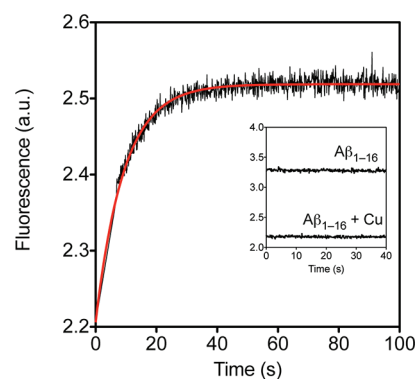
most likely interference from multiple absorbing species as in the case at 260 nm (see above), and secondary (slower) processes in connection with binding of Cu to MT-3. However, this does not influence our analysis of the initial kinetics of binding of Cu to MT-3. We further note that the absorption measurements of the  $\text{Cu}^{2+}$  binding kinetics are not perturbed by  $\text{Zn}^{2+}$ -induced aggregation of  $\text{A}\beta$ , because this would lead to an increase in apparent absorbance due to light scattering. Light scattering increases with lower wavelengths, which is not observed (Figure S1A of the Supporting Information).

Hereafter, we studied the exchange of metal between  $\text{Cu-A}\beta_{1-40}$  aggregates and  $\text{Zn}_7\text{-MT-3}$  (Figure 1C). We found an apparent rate constant of  $0.03 \pm 0.01 \text{ s}^{-1}$  for the binding of aggregate-bound  $\text{Cu}^{2+}$  to  $\text{Zn}_7\text{-MT-3}$ . This rate constant also agrees well with the  $k_{\text{off}}$  determined for  $\text{Cu-A}\beta_{1-40}$  ( $0.052 \text{ s}^{-1}$ ).<sup>7</sup> This indicates that dissociation of  $\text{Cu}^{2+}$  is also rate-limiting in the exchange of metal between  $\text{Zn}_7\text{-MT-3}$  and  $\text{A}\beta_{1-40}$  aggregates.

Taken together, our data imply that the binding kinetics is controlled by the rate of dissociation of  $\text{Cu}^{2+}$  from  $\text{Cu-A}\beta$ . This indicates that the transfer of Cu from  $\text{A}\beta$  to  $\text{Zn}_7\text{-MT-3}$  proceeds via free  $\text{Cu}^{2+}$  for both monomeric and aggregated  $\text{Cu-A}\beta$ .

Chemical shifts of the resonances were not observed in  $^1\text{H}$  NMR experiments upon mixing of  $\text{Zn}_7\text{-MT-3}$  and  $\text{A}\beta_{1-16}$ . Moreover, addition of preaggregated  $\text{A}\beta_{1-40}$  did not induce chemical shifts in the resonances of  $\text{Zn}_7\text{-MT-3}$ . Hence, indications of a complex between  $\text{Zn}_7\text{-MT-3}$  and  $\text{A}\beta$  were not found. This supports the notion that an  $\text{A}\beta\text{-metal-MT-3}$  complex is not involved in metal exchange. Note that experiments cannot be conducted in the presence of  $\text{Cu}^{2+}$ , as  $\text{Cu}^{2+}$  broadens the  $\text{A}\beta$  signals beyond detection and a change in the resonances of MT-3 is expected due to  $\text{Cu}^{2+}$  binding and reduction.

**Metal Exchange Induces Changes in the Tyrosine Fluorescence of  $\text{A}\beta_{1-16}$ .** Binding of  $\text{Cu}^{2+}$  to  $\text{A}\beta$  induces structural changes in the Tyr10 environment in  $\text{A}\beta$  that allows characterization of the binding kinetics. In the presence of  $\text{Cu}^{2+}$ , the fluorescence intensity of Tyr10 in  $\text{A}\beta_{1-16}$  was immediately partially quenched because of  $\text{Cu}^{2+}$  binding as previously reported<sup>48</sup> (Figure 2, inset). When  $\text{Zn}_7\text{-MT-3}$  was added to  $\text{Cu-A}\beta_{1-16}$ , the fluorescence intensity rapidly increased (Figure 2).



**Figure 2.** Tyrosine fluorescence of  $\text{Cu-A}\beta_{1-16}$  (20 and 40  $\mu\text{M}$ ) after addition of  $\text{Zn}_7\text{-MT-3}$  (10  $\mu\text{M}$ ). Fluorescence data were fit (red trace) to a monoexponential function. The inset shows tyrosine fluorescence of  $\text{A}\beta_{1-16}$  (40  $\mu\text{M}$ ) and  $\text{Cu-A}\beta_{1-16}$  (20 and 40  $\mu\text{M}$ ). Experiments were performed in 20 mM HEPES and 100 mM NaCl (pH 7.4) at 37  $^\circ\text{C}$ .

The increase in fluorescence occurred on the same time scale (0–25 s) that was seen for the increase in absorbance (Figure 1B). An apparent rate constant ( $k_{\text{app}}$ ) of  $0.108 \pm 0.001 \text{ s}^{-1}$

(best fit parameter  $\pm$  SEM) was determined for the increase in fluorescence intensity. This is similar to the apparent rate constant determined in the absorption experiment. This confirms that the metal exchange rate is limited by the dissociation of  $\text{Cu}^{2+}$  from  $\text{A}\beta_{1-16}$ .

Next we investigated the change in tyrosine fluorescence intensity of aggregated  $\text{Cu-A}\beta_{1-40}$  upon addition of  $\text{Zn}_7\text{-MT-3}$ .  $\text{Zn}_7\text{-MT-3}$  also caused an increase in the tyrosine fluorescence of  $\text{A}\beta_{1-40}$  aggregates. However, the interpretation of data is confounded by the light scattering due to aggregated  $\text{A}\beta_{1-40}$ , which may perturb the fluorescence measurements.<sup>7</sup> Therefore, additional measurements were undertaken to verify whether structural changes in  $\text{A}\beta$  occurred.

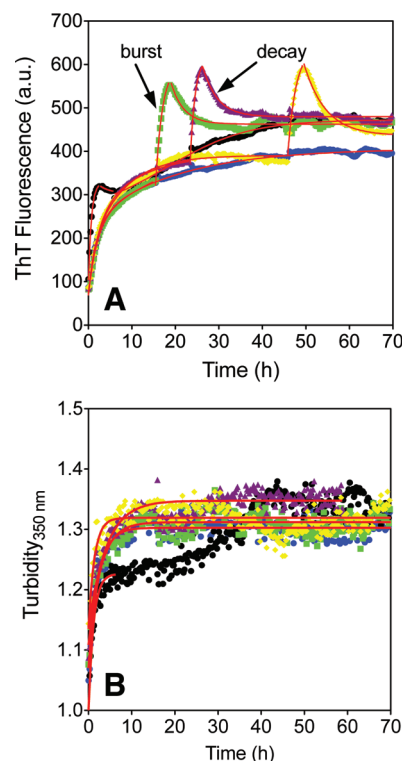
**Exchange of Metal between  $\text{Zn}_7\text{-MT-3}$  and  $\text{Cu-A}\beta$  Induces Amyloid-Related Changes.** We studied the effect of  $\text{Zn}_7\text{-MT-3}$  on the amyloidogenicity and aggregation kinetics of  $\text{A}\beta_{1-40}$  and  $\text{Cu-A}\beta_{1-40}$  by monitoring the ThT fluorescence and turbidity.  $\text{Zn}_7\text{-MT-3}$  was added at different time points along the aggregation pathway of apo- and holo- $\text{A}\beta_{1-40}$  to test whether the amyloidogenic state of the  $\text{A}\beta$  oligomers is important for  $\text{Zn}_7\text{-MT-3}$ -induced structural changes.<sup>37</sup>

First, we investigated the influence of  $\text{Zn}_7\text{-MT-3}$  (10  $\mu\text{M}$ ) on the fibrillation of apo- $\text{A}\beta_{1-40}$  (40  $\mu\text{M}$ ).  $\text{Zn}_7\text{-MT-3}$  did not affect either the ThT fluorescence or the turbidity time profiles of  $\text{A}\beta_{1-40}$  (Figure S2 of the Supporting Information). This supports the findings of the  $^1\text{H}$  NMR experiments. Both the ThT and turbidity time profiles of apo- $\text{A}\beta_{1-40}$  had a sigmoid curve shape, which is characteristic of a nucleation phase followed by elongation and a plateau phase.

Addition of  $\text{Cu}^{2+}$  to  $\text{A}\beta_{1-40}$  caused a rapid increase in both ThT fluorescence and turbidity (Figure 3A,B, blue traces) as previously reported.<sup>5</sup> The increases in ThT fluorescence and turbidity indicate that  $\text{Cu}^{2+}$  induced formation of amyloidogenic aggregates and oligomers.

Hereafter, we studied the influence of  $\text{Zn}_7\text{-MT-3}$  on the  $\text{Cu}^{2+}$ -induced aggregation of  $\text{A}\beta_{1-40}$ .  $\text{Zn}_7\text{-MT-3}$  (10  $\mu\text{M}$ ) was added immediately after the addition of  $\text{Cu}^{2+}$  (20  $\mu\text{M}$ ) to  $\text{A}\beta_{1-40}$  (40  $\mu\text{M}$ ), or after incubation with  $\text{Cu}^{2+}$  for 15, 23, and 46 h.  $\text{Zn}_7\text{-MT-3}$  induced a fast exponential increase (burst) in the ThT fluorescence intensity of  $\text{Cu-A}\beta_{1-40}$  irrespective of the time of addition. The rapid increase in ThT fluorescence reached a maximum after  $\sim 2.5\text{--}3$  h, followed by a slow exponential decay in intensity (Figure 3A). In contrast, the turbidity was not affected by addition of  $\text{Zn}_7\text{-MT-3}$  after prolonged incubation with  $\text{Cu}^{2+}$  (Figure 3B). This indicates that the metal exchange does not significantly influence the mean size of the  $\text{Cu-A}\beta_{1-40}$  aggregates. However, when  $\text{Zn}_7\text{-MT-3}$  is added immediately after addition of  $\text{Cu}^{2+}$ , there appears to be a second lag phase from 7 to 16 h (Figure 3B, black circles). This lag phase may be caused by the rapid removal of  $\text{Cu}^{2+}$  from  $\text{A}\beta$  by  $\text{Zn}_7\text{-MT-3}$  before all the peptide becomes aggregated.

The initial increase in ThT fluorescence is most likely connected to the exchange of Cu and Zn between  $\text{Cu-A}\beta$  and  $\text{Zn}_7\text{-MT-3}$ , because  $\text{Zn}_7\text{-MT-3}$  did not affect the ThT fluorescence of apo- $\text{A}\beta$  (vide supra). Interestingly, the  $\text{Zn}_7\text{-MT-3}$ -induced increase in ThT fluorescence occurs on a time scale much longer than those of both the increase in absorbance at 300 nm, which reflects the binding of  $\text{Cu}^{2+}$  to MT-3 (Figure 1), and the increase in tyrosine fluorescence intensity, which reflects the dissociation of  $\text{Cu}^{2+}$  from  $\text{A}\beta$  (Figure 2). The initial increases in ThT fluorescence intensity (burst phase) at the different time points were fit to monoexponential functions with almost identical rate constants ( $k_{\text{burst}}$ ) of  $\sim 2 \times 10^{-4} \text{ s}^{-1}$



**Figure 3.** Influence of  $\text{Zn}_7\text{-MT-3}$  on the fibrillation of  $\text{Cu-A}\beta_{1-40}$ . (A) ThT fluorescence and (B) turbidity ( $\lambda = 350 \text{ nm}$ ) of  $\text{Cu-A}\beta_{1-40}$  (20 and 40  $\mu\text{M}$ ) upon addition of  $\text{Zn}_7\text{-MT-3}$  (10  $\mu\text{M}$ ) at various times after incubation with Cu: 0 ( $\bullet$ ), 15 (green squares), 23 (purple triangles), and 46 h (yellow diamonds). Fluorescence time profiles for  $\text{Cu-A}\beta_{1-40}$  without addition of  $\text{Zn}_7\text{-MT-3}$  are also shown (blue circles). The presented time profiles are an average of a minimum of three traces. The burst and decay phase in panel A are fit to monoexponentials. Experiments were performed in 20 mM HEPES and 100 mM NaCl (pH 7.4) at 37  $^\circ\text{C}$ .

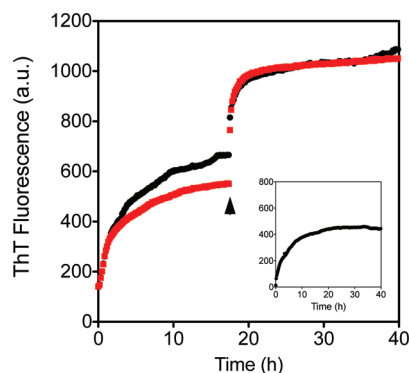
(Table 1). Hence, the increase in ThT fluorescence intensity is  $\sim 100$  times slower than the increase in absorbance at 300 nm and tyrosine fluorescence intensity; i.e., the amyloid-related structural changes of the  $\text{A}\beta$  aggregates occur after the transfer of  $\text{Cu}^{2+}$  between  $\text{A}\beta$  and MT-3 has taken place. This suggests that the amyloid-related changes are not due to dissociation of Cu from  $\text{Cu-A}\beta$  aggregates, but rather due to  $\text{Zn}^{2+}$  binding.

To investigate this, we studied how  $\text{Zn}^{2+}$ , the model peptide DAHK, and  $\text{Zn-DAHK}$  affected the ThT fluorescence of  $\text{Cu-A}\beta$ . DAHK is a stronger  $\text{Cu}^{2+}$  chelator than  $\text{A}\beta$  and is able to extract  $\text{Cu}^{2+}$  from soluble and aggregated  $\text{A}\beta$ .<sup>49,50</sup> Addition of apo-DAHK to  $\text{Cu-A}\beta_{1-40}$  did not affect the ThT fluorescence (Figure 4, inset). This supports the conclusion that the increase in ThT fluorescence is not due to removal of Cu. In contrast, addition of  $\text{Zn}^{2+}$ -DAHK or  $\text{Zn}^{2+}$  caused an increase in ThT fluorescence intensity (Figure 4) similar to the  $\text{Zn}_7\text{-MT-3}$ -induced increase in ThT fluorescence. This supports the idea that the amyloid-related changes in  $\text{A}\beta$  are caused by  $\text{Zn}^{2+}$  binding and is consistent with observations that  $\text{Zn-A}\beta$  emits a stronger ThT signal than apo- $\text{A}\beta$ .<sup>23</sup> Moreover, the  $\text{Zn}^{2+}$ -induced increase in the ThT fluorescence intensity of  $\text{A}\beta$  agrees with findings that  $\text{Zn}^{2+}$  promotes the  $\beta$ -sheet conformation of  $\text{A}\beta$ <sup>51,52</sup> whereas  $\text{Cu}^{2+}$  does not.<sup>48,53</sup> Note, however, that contradicting results with respect to  $\text{Zn}^{2+}$  exist on this subject.<sup>54,55</sup> Finally, the  $\text{Zn}^{2+}$ -induced increase in ThT fluorescence intensity indicates that removal of  $\text{Cu}^{2+}$  is not necessary for binding of  $\text{Zn}^{2+}$  to  $\text{Cu-A}\beta$ .

**Table 1. Apparent Rate Constants for the Increase in the Level of ThT Positive Aggregates for the Aggregation of Cu- $A\beta_{1-40}$  (20 and 40  $\mu\text{M}$ ) upon Addition of Zn $_7$ -MT-3 (10  $\mu\text{M}$ ) at Different Times ( $t_{\text{add}}$ )<sup>a</sup>**

system	plateau ThT intensity	$k_{\text{burst}}$ ( $\times 10^{-4} \text{ s}^{-1}$ )	$k_{\text{decay}}$ ( $\times 10^{-4} \text{ s}^{-1}$ )
Cu- $A\beta_{1-40}$ without Zn $_7$ -MT-3	407 $\pm$ 1	—	—
Cu- $A\beta_{1-40}$ with Zn $_7$ -MT-3 ( $t_{\text{add}}$ = 0)	473 $\pm$ 9	4.0 $\pm$ 0.2	not determined
Cu- $A\beta_{1-40}$ with Zn $_7$ -MT-3 ( $t_{\text{add}}$ = 15 h)	463 $\pm$ 1	1.8 $\pm$ 0.4	0.94 $\pm$ 0.08
Cu- $A\beta_{1-40}$ with Zn $_7$ -MT-3 ( $t_{\text{add}}$ = 23 h)	480 $\pm$ 1	2.5 $\pm$ 0.6	0.82 $\pm$ 0.07
Cu- $A\beta_{1-40}$ with Zn $_7$ -MT-3 ( $t_{\text{add}}$ = 46 h)	438 $\pm$ 2	1.5 $\pm$ 0.1	0.56 $\pm$ 0.05

<sup>a</sup> $k_{\text{burst}}$  is the rate constant for the exponential increase in ThT fluorescence, while  $k_{\text{decay}}$  is the rate constant for the exponential decrease in ThT fluorescence (Figure 3A). Parameters for the rate constants are best fitted values  $\pm$  SEM. Experiments were performed in 20 mM HEPES and 100 mM NaCl (pH 7.4) at 37  $^{\circ}\text{C}$ .



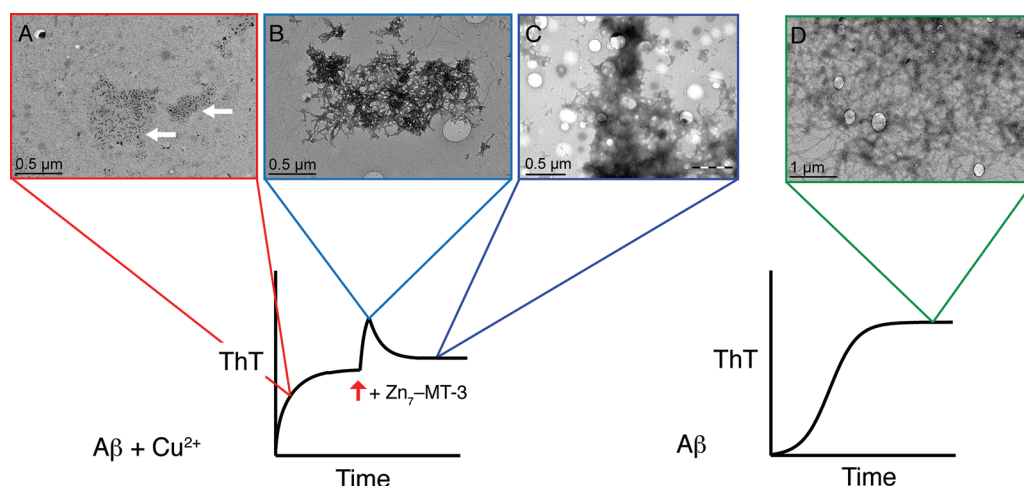
**Figure 4.** ThT fluorescence of Cu- $A\beta$  (40 and 40  $\mu\text{M}$ ) upon addition of Zn $^{2+}$  (30  $\mu\text{M}$ ) (●) or Zn-DAHk (30 and 40  $\mu\text{M}$ ) (red squares) after 17 h. The inset shows the ThT fluorescence of Cu- $A\beta$  (20 and 40  $\mu\text{M}$ ) upon addition of DAHK (40  $\mu\text{M}$ ) after 3 h. Experiments were performed in 20 mM HEPES and 100 mM NaCl (pH 7.4) at 37  $^{\circ}\text{C}$ .

This is consistent with recent studies showing that  $A\beta_{1-16}$  can simultaneously bind Zn $^{2+}$  and Cu $^{2+}$ ,<sup>56,57</sup> and that Zn $^{2+}$  does not replace Cu $^{2+}$  in Cu- $A\beta_{1-16}$ .<sup>57</sup> Further note that the conditional  $K_d$  (i.e., the apparent binding constant at pH 7.4 in the absence of competing buffer) of  $A\beta_{1-40}$  for Cu $^{2+}$  is in the picomolar to nanomolar range<sup>42,58,59</sup> while it is in the micromolar range for Zn $^{2+}$ .<sup>26,59</sup>

Contrary to the experiments with Zn $_7$ -MT-3, the Zn $^{2+}$ - and Zn-DAHk-induced increases in ThT fluorescence were not

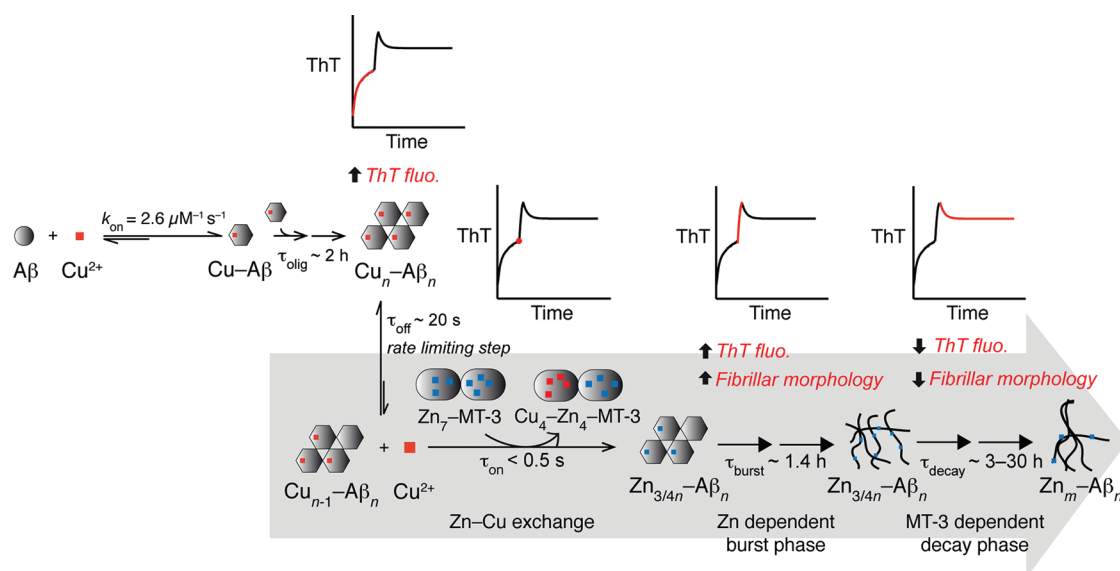
followed by a decrease in ThT fluorescence. Thus, it seems that this decay in ThT fluorescence is specific to MT-3. The origin of the decay in ThT fluorescence is not known but could reflect further rearrangement of the amyloids or a re-uptake of Zn $^{2+}$  from Zn- $A\beta$  by MT-3, and the possibility that (weak) interactions between aggregated Zn- $A\beta$  and Cu $_4$ -Zn $_4$ -MT-3 are taking place cannot be excluded.

**Exchange of Metal between MT-3 and  $A\beta$  Causes Changes in Aggregate Morphology.** The MT-3-induced increase in ThT fluorescence indicates that binding of Zn $^{2+}$  to  $A\beta$  shifts the Cu- $A\beta$  aggregates toward a more fibrillar morphology and/or exposes more ThT binding sites, which may otherwise be inaccessible in the Cu- $A\beta$  aggregates. We therefore studied morphological changes in Cu- $A\beta$  aggregates induced by the metal exchange using TEM (i) at the maximum of the ThT fluorescence burst ( $\sim 3$  h after addition of Zn $_7$ -MT-3) and (ii) at the end of the ThT decay phase ( $>15$  h after addition of Zn $_7$ -MT-3). Incubation of  $A\beta_{1-40}$  with Cu $^{2+}$  rapidly produced small amorphous aggregates with little or no fibrillar structure as previously reported<sup>5,27,49</sup> (Figure 5A and Figure S3 of the Supporting Information). Next, Zn $_7$ -MT-3 was added to fully aggregated Cu- $A\beta_{1-40}$  (incubated for 72 h). Three hours after the addition of Zn $_7$ -MT-3, the morphology of the aggregates had changed from amorphous aggregates into more fibrillar structures (Figure 5B and Figure S3 of the Supporting Information). This change in morphology could explain the observed increase in ThT fluorescence,



**Figure 5.** TEM images of (A) Cu- $A\beta_{1-40}$  (20 and 40  $\mu\text{M}$ ) analyzed after incubation for 20 min; the arrows indicate Cu $^{2+}$ -induced aggregates. (B) Cu- $A\beta_{1-40}$  (20 and 40  $\mu\text{M}$ ) with addition of Zn $_7$ -MT-3 (10  $\mu\text{M}$ ) after 72 h and analyzed after 75 h (3 h after addition of Zn $_7$ -MT-3). (C) Cu- $A\beta_{1-40}$  (20 and 40  $\mu\text{M}$ ) with addition of Zn $_7$ -MT-3 (10  $\mu\text{M}$ ) after 72 h and analyzed after 88 h (16 h after addition of Zn $_7$ -MT-3). (D)  $A\beta_{1-40}$  (40  $\mu\text{M}$ ) incubated for 72 h. A schematic presentation of the corresponding ThT curve based upon Figure 3A and Figure S2 of the Supporting Information is shown. Experiments were performed in 20 mM HEPES and 100 mM NaCl (pH 7.4) at 37  $^{\circ}\text{C}$ .





**Figure 6.** Proposed mechanism for exchange of metal between Cu-Aβ<sub>1-40</sub> and Zn<sub>7</sub>-MT-3. In the top panel, Cu<sup>2+</sup> induces formation of ThT positive Aβ aggregates. In the bottom panel, Zn<sub>7</sub>-MT-3 binds free Cu<sup>2+</sup> dissociated from the Cu-Aβ complex. The exchange of Zn<sup>2+</sup> for Cu<sup>2+</sup> causes a rapid increase in ThT fluorescence, and a concurrent shift in the morphology of the Aβ aggregates from amorphous to fibrillar. A slow decrease in ThT fluorescence is observed in parallel with morphological changes on a longer time scale. The decrease in ThT fluorescence appears to be dependent on MT-3. Not all reactions are explicitly shown. The large gray arrow indicates the overall direction of the reactions. The rate constant,  $k_{on}$ , for initial binding of Cu<sup>2+</sup> to Aβ was taken from ref 7. The time constant ( $\tau = 1/k$ ) for dissociation of Cu<sup>2+</sup> from Aβ ( $\tau_{off}$ ) was determined from ref 7. Other time constants ( $\tau_{on}$ ,  $\tau_{burst}$  and  $\tau_{decay}$ ) were determined from rate constants in this study.

because fibrils are expected to produce a stronger ThT signal than amorphous aggregates.<sup>60</sup> The morphology of the Aβ aggregates seen at the maximum of the ThT burst resembles the morphology of Aβ aggregates incubated with Zn<sup>2+</sup>.<sup>23</sup> This suggests that it is primarily the binding of Zn<sup>2+</sup> released from Zn<sub>7</sub>-MT-3 that is responsible for these initial morphological changes.

At 16 h upon addition of Zn<sub>7</sub>-MT-3 (Figure 5C and Figure S3 of the Supporting Information), fibrils that more resembled the fibrils seen for apo-Aβ incubated with Zn<sub>7</sub>-MT-3 were observed.<sup>23</sup> The fibrillar structures seen in the decay phase of the ThT fluorescence appear to be more clustered together than those observed after 3 h (the ThT maximum). This could explain the decrease in ThT fluorescence following the initial rapid increase. However, more studies are needed to understand the molecular mechanism of this decay. It should be noted that fibrillar aggregates seen upon addition of Zn<sub>7</sub>-MT-3 to Cu-Aβ are different from the fibrils seen for apo-Aβ (Figure 5D).

Taken together, the TEM data support the observations by ThT fluorescence; amorphous Cu-Aβ aggregates are observed prior to the ThT fluorescence burst (Figure 5A) followed by a shift toward more fibrillar structures after a few hours [maximal ThT fluorescence burst (Figure 5B)]. Finally an apparent decrease in the number of fibrillar structures is observed after the decay of the ThT fluorescence signal has been completed (Figure 5C).

In this study, we used a combination of kinetic spectroscopic methods (ThT assay, absorption, and fluorescence spectroscopy), electron microscopy, and NMR spectroscopy to explore the mechanism of the exchange of metal ion between Cu-Aβ and Zn<sub>7</sub>-MT-3. The results are compatible with the mechanistic model of metal exchange presented in Figure 6. The observed kinetic results strongly suggest that the transfer of Cu<sup>2+</sup> from Cu-Aβ to Zn<sub>7</sub>-MT-3 proceeds via free Cu<sup>2+</sup>, and that the neuroprotective exchange of metal between Cu-Aβ

and Zn<sub>7</sub>-MT-3 does not involve an Aβ-Cu-MT-3 complex. This is interesting because the intermolecular exchange of Cu<sup>2+</sup> between Aβ occurs via a ternary Aβ-Cu-Aβ complex,<sup>7</sup> and exchange of zinc from MT-2 has previously been indicated to occur via a ternary ligand-Zn-MT-2 complex.<sup>61</sup> Also, our findings that an Aβ-Cu-MT-3 complex is not formed during metal exchange imply that MT-3-mimicking drugs do not necessarily need specific recognition by Aβ. (It is clear that recognition of Aβ by drugs acting on the amyloid cascade Aβ, including MPACs, can be very important in targeting the drug to its place of action and/or if they have also an anti-aggregation activity, but for the removal or exchange of metal itself, it is not crucial.) This could be important in therapeutic applications.

The aggregation mechanism and aggregation states of Aβ and Cu-Aβ have been linked to cellular toxicity.<sup>13,27</sup> Thus, the amyloid-related structural (ThT data) and morphological (TEM data) changes of Aβ aggregates induced by MT-3 may be related to the protective role of Zn<sub>7</sub>-MT-3 against Cu-Aβ-mediated toxicity. In addition, it has recently been suggested that the release of Zn<sup>2+</sup> from Zn<sub>7</sub>-MT3 and subsequent binding to Aβ and the ability of MTs to redistribute zinc could also be important in neuroprotection.<sup>23,62</sup> However, the relevance of the Zn<sup>2+</sup>/Zn<sub>7</sub>-MT-3 induced structural changes in Aβ to any neuroprotective effect cannot be determined from our data.

In summary, our study shows that Zn<sub>7</sub>-MT-3 induces structural and morphological changes in Cu-Aβ. This is consistent with previous findings<sup>23,37,38</sup> and clearly underlines the difference between the mode of action of Zn<sub>7</sub>-MT-3 and that of compounds that only withdraw Cu<sup>2+</sup> from Cu-Aβ (like DAHK) and hence do not induce such structural and morphological changes in Cu-Aβ under the conditions described here. Moreover, our study indicates that the aggregational behavior and structure of Cu-Aβ can be modulated by the presence of other species released in the

synaptic cleft, e.g., MT-3 and  $\text{Zn}^{2+}$ . Thus, multiple factors may affect  $\text{A}\beta$  aggregation and the structure of amyloid aggregates in vivo. This needs to be considered when designing metal-targeting drugs for AD based on the metal exchange mechanism of MT-3.

## ■ ASSOCIATED CONTENT

### ● Supporting Information

UV-vis spectra of (A)  $\text{Cu-A}\beta_{1-16}$  and (B) aggregated  $\text{Cu-A}\beta_{1-40}$  (Figure S1), influence of  $\text{Zn}_7$ -MT-3 on the fibrillation of apo- $\text{A}\beta_{1-40}$  monitored by (A) ThT fluorescence and (B) turbidity (Figure S2), and additional TEM images of the influence of  $\text{Zn}_7$ -MT-3 on  $\text{Cu}^{2+}$ -induced  $\text{A}\beta$  aggregates (Figure S3). This material is available free of charge via the Internet at <http://pubs.acs.org>.

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### Notes

The authors declare no competing financial interest.

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## ■ ABBREVIATIONS

AD, Alzheimer's disease;  $\text{A}\beta$ , amyloid- $\beta$ ; DTT, dithiothreitol; F, fibrillar form of peptide; HEPES, 4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid; LMCT, ligand-to-metal charge transfer; MPAC, metal-protein attenuating compound; M, monomer form; MT-2, metallothionein-2; MT-3, metallothionein-3; ROS, reactive oxygen species; TEM, transmission electron microscopy; ThT, thioflavin t;  $\tau$ , time constant;  $\text{Zn}_7$ -MT-3,  $\text{Zn}_7$ -metallothionein-3.

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